

Elite Invitational Night Session Only

Meet Entry Information

APU/Arroyo Meet Of Champions

Distance Classic – March 26, 2016

There are two Sessions each year in the Meet Of Champions Distance Classic: *the Open Day Session and the Elite Night Session. We are sorry to say that our “DAY” session is completely full—we will not be accepting any additional schools into the Day session; however, your school’s top athletes may qualify to be placed in the Elite Night Session of the meet based on their qualifying times.*

We will be awarding custom designed MOC medals for all races.

The evening invitational 800, 1600 and 3200s will be run from 7:00 PM to 9:30 PM and will feature the top two heats in all three divisions in the 800, 1600 and 3200. This night “Invitational & Rated” section of the meet will be open to all individuals who qualify.

In that nighttime “Elite Invitational” section of the meet, we will run the full mile distance, but we will also have a finish camera at the 1600 meter mark to record official 1600 meter times.

These are the automatic qualifying marks that will guarantee your athlete is placed in the nighttime Invitational section of the meet. After all entries are received, the next athletes entered by time will be added to the invitational and rated sections of the nighttime meet to complete the fields.

<u>Division</u>	<u>Boys Var</u>	<u>Girls</u>	<u>Boys FS</u>
800	1:58	2:20	2:04
1600	4:18	5:05	4:29
3200	9:29	11:05	9:49

All entries will be done on line.

You may begin the entry process on Feb. 1, 2016. You can update your entries on-line until Thursday night, March 17, 12:00 midnight. We plan to have the seeding done by Sunday night and the entries and specific heats and start times will be posted on our website (<http://www.mocdistanceclassic.com/>) and emailed to each of you on Monday morning, March 21st.

If there is any way we can make any part of this meet more of a positive experience for you or your athletes, please do not hesitate to call or let us know.

Meet Date: Saturday, March 26, 2016 (*Rain or Shine*)

Starting Time: 7:00 AM Girls 3200 (Races 3, 4 and 5 *if needed*)

Place: Azusa Pacific University

Entry Information: The entire entry process is on line. Here is the process you must follow!

1. You must first send an e-mail to...

tim.orourke@emuhsd.org

PLEASE DO THIS IMMEDIATELY!

In that e-mail, please list the following:

-SCHOOL NAME

-COACH'S NAME

-CELL PHONE NUMBER WHERE YOU CAN BE REACHED

**-APPROXIMATE NUMBER OF ATHLETES YOU WILL BE ENTERING
IN EACH DIVISION:**

***BOYS VARSITY**

***BOYS FROSH-SOPH**

***GIRLS**

2. Once we have received your e-mail, we will send you in a return e-mail the following:

-MEET ENTRY WEBSITE ADDRESS

-YOUR SIGN-IN NAME

-YOUR PASSWORD

Begin Entering: You may begin entering your athletes any time after February 1, 2016.

Updating Entries: You can update marks, add new athletes, or delete athletes up until Thursday, March 17, 2016, at 12:00 Midnight. At that point no new entries will be accepted.

Entry Fee Payment: As soon as you are finished entering your athletes or after you have made final entry updates on Thursday, March 17, the web site will indicate exactly how much your entry fee will be.

YOU WILL BE EXPECTED TO PAY THAT FULL AMOUNT ON MEET

DAY BEFORE ANY OF YOUR ATHLETES ARE ALLOWED TO RACE. EVEN IF YOU BRING LESS ATHLETES THAN YOU OFFICIALLY ENTERED, YOU WILL BE EXPECTED TO PAY FOR THE NUMBER OF ENTRIES YOU HAVE SUBMITTED BY THURSDAY, MARCH 13.

ALL ENTRIES MUST BE RECEIVED ON-LINE BY THURSDAY, MARCH 17, 2016 BY 12:00 PM MIDNIGHT.

ALL ENTRIES MUST BE SUBMITTED ON LINE—NO EXCEPTIONS!

Entry Limit: Each athlete may enter up to four events as per CIF rules

Elite Entry Fee: **\$12.00 per athlete per event**
(Make checks payable to “Arroyo High School”)

You may bring your entry fee check to the meet; however, if you do not bring a check for the full amount, none of your athletes will be allowed to compete.

Divisions: Varsity Boys,
Frosh-Soph Boys
Girls

Awards: Each race is a final and medals will be awarded for each race.
In the 800 1-6 medal
In the 1600 1-8 medal
In the 3200 1-12 medal
* We always increase the number of medals if we create larger fields. Most of the time we medal approximately just less than half the field.

T-Shirts “Meet of Champions” T-Shirts will be sold.

Additional Info: If you have any questions or suggestions, please e-mail:

tim.orourke@emuhsd.org